



About Us

Tennis Academy of the South (TAS) is **one of the oldest and most renowned** tennis training programs in the South as well as the U.S.!

TAS Youth Tennis is "right sized" tennis for **kids 5 to 10**. This program allows young players to practice real tennis at their level, focusing on recreational and beginner to intermediate skills in a fun and supportive setting.



More Information

-  sandyspringstennis.com
-  (678) 224-8810
-  sstc.registrar@gmail.com

Register below



Tennis Academy of the South is a registered provider of USTA's new Net Generation. We teach "right sized tennis" for kids of all ages.

Follow us on social media



@SandySpringsRacquetCenter
@TennisAcademyoftheSouth

The Sandy Springs Racquet Center is a facility of the City of Sandy Springs managed under contract by Groslimond Tennis Services, Inc.



Tennis Academy of the South

2026-2027 Youth Tennis

Ages 5-10



Sandy Springs Racquet Center
500 Abernathy Rd NE Atlanta, GA 30328

10 & Under Tennis: Ages 5-6

Dive into the world of tennis with the USTA's Net Generation program! With special equipment and activities perfectly tailored to their age group they'll master tennis basics like:

- Balance, movement and coordination
- Throwing with rotation, catching and hitting, sending and receiving
- Racquet and ball control, ball tracking
- Team work and cooperation



2 Days
a week



10 & Under Tennis: Ages 7-8

USTA's Net Generation program offers tennis for 7-8 year-olds, focusing on improving coordination and athleticism through visual, audio, and kinesthetic methods. Activities include drills, team building, and games to enhance skills like:

- Balance, stroke production and footwork
- Ball control and tracking
- Hitting through the ball with rotation
- Rally skills and team work

10 & Under Tennis: Ages 9-10

For children aged 9 to 10, USTA's Net Generation program leverages their enhanced concentration, focus, physical abilities, coordination, and stamina. Through drills, team activities, and gameplay, they enhance:

- Agility and movement skills
- Ball approach, rotation, and follow-through techniques
- Decision-making and strategic thinking
- Stroke execution and footwork efficiency

Schedule

- **Session 1:** Aug 10 – Oct 9, 2026
- **Session 2:** Oct 12 – Dec 18, 2026*
- **Session 3:** Jan 11 – Mar 12, 2027
- **Session 4:** Mar 15 – May 21, 2027*

Day/Time Options:

- Mon/Wed | 5:00–6:30 pm
- Tues/Thurs | 3:30–5:00 pm
- Tues/Thurs | 5:00–6:30 pm

*No classes during Thanksgiving Break (Nov. 23–27, 2026) or Spring Break (Apr. 5–9, 2027).



Register

- **Session Fee:** \$575
- **Visit:**
leagues.bluesombrero.com/sandyspringstennis
- Click **Register** to create an account.
- **Enter** your contact info and register for TAS Youth Tennis!

